

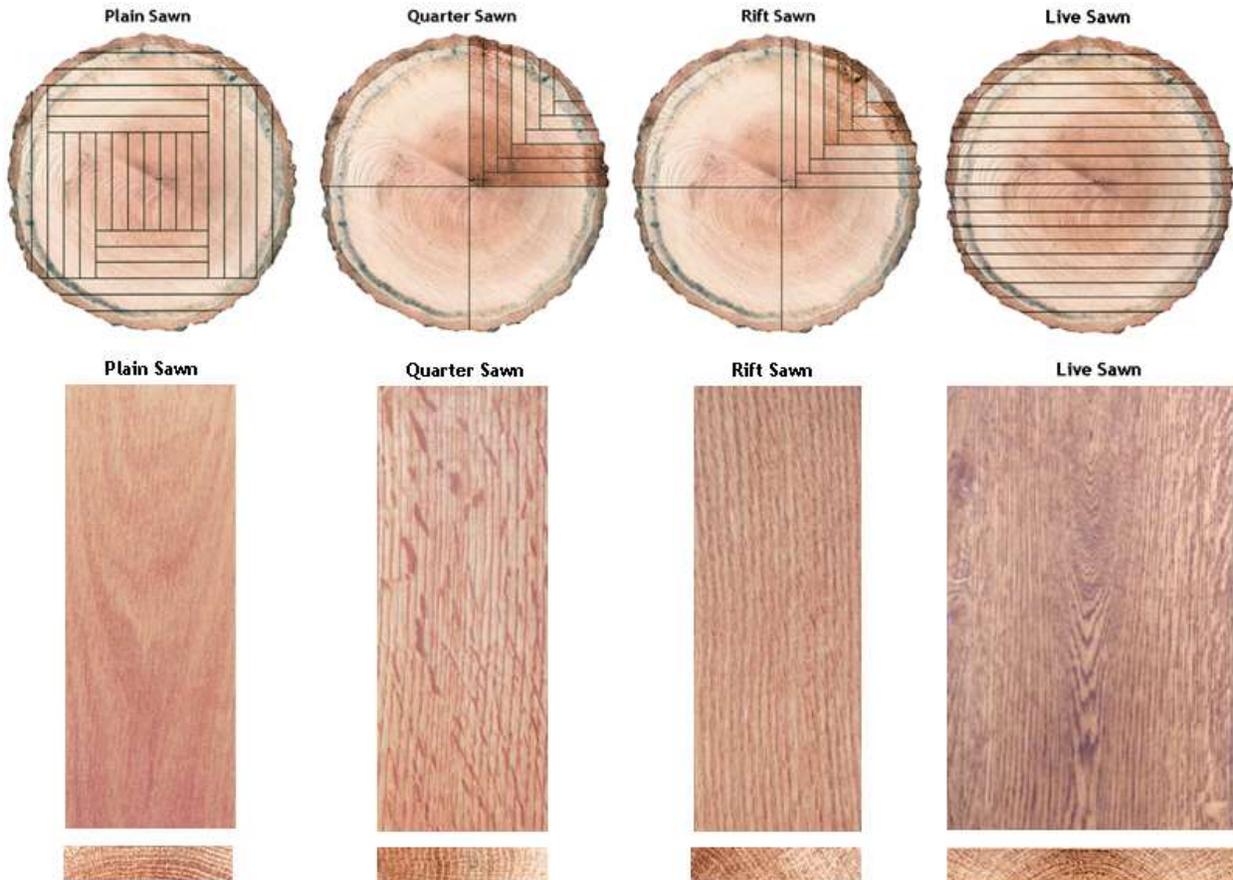
What to expect at Traditional Archery Australia's Selfbow Workshops

Time is limited to approximately 16 hour's for working over the Weekend on the Selfbow Workshops. The Course will begin at 8.30 am and continue until approx. 5.00pm Saturday and Sunday depending on the Season and available Daylight.

You will need to work as efficiently as possible while learning to make a **Working Handle Selfbow**. It should take approximately 12-14 hour's for a Novice to complete a simple **Working Handle Selfbow**. This includes learning to make a Tillering Bow String and a Flemish Twist String for your new Selfbow. There may even be time to make a matched Wooden Arrow.

The Staves we select for the Workshop are cut beforehand to approx. 72" long, approx. 1' 3/16" wide and 3/4" deep. Many Australian Timbers are as good as anything else in the World for making Selfbow's and if suitable Staves are available TAA will purchase them. Quality Boards from suitable Overseas Timbers will also be used as sometimes suitable Australian Boards are not available.

We will show a strong preference for Quarter and Rift Sawn Timber. Timber cut this way has easy to read long straight edge Grain and generally present's fewer problems for a Novice Bowyer to overcome.



While the Instructors will be happy to talk to you about Natural Staves at the end of each Day's activity due to the unique challenges Natural Staves present and the time it can take to work through these challenges we cannot use them at these Workshop's. In the future there will be separate Workshops conducted with Natural Staves

Traditional Archery Australia will supply all the **Hand Tools, Workbenches and consumables such as Sandpaper** necessary to complete your Working Handle Selfbow. The Selfbow Workshops are intended to be Mobile so compromises were made in selecting light weight efficient Tools in order to Transport them to different Archery Clubs and other suitable Venues. There is generally not going to be access to Power Tool's as these are heavy, bulky and Venue's may not have Power available.



If you are not able to work with Hand Tools for an extended period and need assistance due to physical limitations or an Ailments please discuss Perry Jackson via his Email perryjackson@outlook.com.au

before booking your place at the Workshop. Making a Working Handle Selfbow is both physically and mentally demanding and requires strong commitment and repetitive movement. We are happy to accommodate you and supply a partially completed Stave which will save considerable time and effort.

Once your Stave is selected the Instructors will assist you to draw the Selfbow's Profile. Chalk Line's, Tape Measures and 1.2 Metre Steel Rulers are supplied. **There are no shortcuts to roughing out a Stave; it is a vital part of making a Selfbow.**

You will be taught a simple process to remove the Wood when roughing out your Stave. A full explanation will be given at the Workshop. Depending on how well this process is executed it is possible to remove Timber in a uniform manor which will pay dividends during the final stages of making your Selfbow.

The better you follow the Instructors advice and the higher your standard of Workmanship the easier time you will have when it comes to finish your Selfbow. Roughing out a Selfbow requires you to repeat the Techniques the Instructors will teach you a great many times. It can become monotonous and you may feel you are not learning anything, become increasingly frustrated and question your commitment to the Task at hand. You must persevere as you are on the cusp of attaining a greater understanding of what is required to make a Selfbow. **Stamina, Patience and persistence are required** at this time.



Your instructors will continually assess each person's Tool Skills as it has a large influence on how much guidance the Instructors give you and on how long it may take you to make your Bow. We monitor each person's progress and provide guidance and advise to correct any errors in workmanship which may affect the progress of the Selfbow. Often this requires we take you back several steps. Do not get discouraged. This is normal, sometimes 3 steps back and one forward is what is required to make a durable Selfbow.

We could save a lot of time and effort with the introduction of Power Tool's but the purpose of the Workshop is **to teach you to make a Working Handle Selfbow with Hand Tools**. It is important to learn to use Hand Tool's rather than use Power Tools to rough out a Stave as a greater understanding of the process of making a Selfbow is achieved.

The Instructors are very focused on each person's ultimate Goal - to take home a well tillered Selfbow, a Tilling String for their next Selfbow, a String for their Selfbow and an Arrow matched too their Bow. Each Person has differing Tool Skills and sometimes due to their inexperience with Hand Tools some People do not finish their Bow.



The Manager of the Selfbow Workshop's in each State will arrange with each Person that does not complete their Selfbow a suitable day and place to assist you to finish your Selfbow. If there are places available at the following Workshop you may be able to Book a place. There will be no further charges to complete your Selfbow.

Advice for future Selfbow Workshop will be posted on Traditional Archery Australia's Website, on their Facebook Page and on Ozbow Forum. Places are limited so get in early and book your Spot.

FREQUENTLY ASKED QUESTIONS

How much does a Selfbow Workshop cost ?

A Selfbow Workshop Weekend costs \$165. Extra Cost applies if you desire Catering. The Venue set's the cost of Catering. They will endeavor to supply quality Food at an affordable price

What does Traditional Archery Australia supply at the Selfbow Workshops ?

We will have a selection of Staves available for you to select with advise from fellow Traditional Archers experienced in the Art of making Working Handle Selfbow's, Flemish Twist Bow String's and advice on making a matched Wooden Arrow for your Selfbow. All Tool's equipment and consumable to complete your Working Handle Selfbow are supplied

How frequently will Selfbow Workshops be held ?

Selfbow Workshops will be held regularly throughout the Year depending on demand and availability of Venue's. Traditional Archery Australia will advertise when the Selfbow Workshop's will be held on their Website <http://www.traditionalarcheryaustralia.org/> on their Facebook Page <https://www.facebook.com/groups/1619470438299472/?ref=bookmarks> and on Ozbow Forum <http://www.ozbow.net/phpBB3/index.php?sid=5712aec8aff3069c12b604fd439e612b>

Who do I contact to Book a place at a Selfbow Workshop ?

Perry Jackson will endeavor to answer all questions you may have via his Email Address <mailto:perryjackson@outlook.com.au> or on Traditional Archery Australia's Facebook Page or on Ozbow Forum

A Link to the Selfbow Workshops is on Traditional Archery Australia's Website. Attached to the Link is a PDF Form that needs to be completed and sent to Perry Jackson's email Address perryjackson@outlook.com.au Perry will advise if there is a place available. Payment needs to be payed to Traditional Archery Australia's Bank Account as per instruction on the PDF Form.

Can I use my own Tool's ?

Absolutely, however we cannot guarantee an Electricity supply so we do not advise you bring any Power Tool's. Traditional Archery Australia supply's a Folding Work Bench so using Tools such as Draw Knives and Spoke Shaves may not be practical as they require a firmly anchored Bench in order to be used efficiently.

What happens if I don't finish my Selfbow?

You can arrange with Perry Jackson a time when he is available to assist you finish your Selfbow at either his Residence or at an agreed Venue. If Spaces are available you can also attend a future Workshop at no further Cost.

What will I learn about Selfbow Design

The Staves we supply are suited to several Bow Designs due to the dimensions we cut them too before the Workshop. We will ensure the Species of Timber supplied is known to be suitable to the chosen Design. Due to time constraint's we are restricted to a Working Handle Selfbow with either a Pyramid Limb or a Limb that only tapers in width over the last 1/3 of the Limb. There are slight variations to this that will be discussed when you are marking out your Stave as we will need to accommodate you Draw Length and desired finished Draw Weight of your Selfbow.

A Working Handle Selfbow is able to generate energy along its entire length. A Rigid Handled Selfbow can only generate energy in its Limbs therefore a Working Handle Selfbow is more efficient than a Rigid Handle Selfbow

How long will it take to finish my Selfbow?

This is totally dependent on your ability with Hand Tools and your commitment to the task at hand. You should be able to complete a Tillered Working Handle Selfbow in 10-14 Hours as a novice Bow Maker. A novice with a back ground in wood working or with experience in a Trade where Hand Tools are used could finish a well Tillered Working Handle Selfbow in less time than indicated above

Many novice Bow Maker's choose to work at a very slow pace in order to avoid making a mistake. The Instructors will not push you to work faster but you must understand you will not finish your Selfbow in the time available over the weekend if you adopt this approach. Making mistakes is part of the learning process and in our experience People that chose to work very slowly become frustrated at their lack of progress.

If you make a mistake, it is an opportunity to learn and your Instructors will help you work through it. If you break a Stave, we will give you another. We will also sit with you and analyse why the Stave broke so that a mistake becomes an opportunity to learn.